

Antibiotics And Their Use in Collapse Medicine(tm), Part 3

Hey Preppers,

Anyone that is interested in preserving the health of their loved ones in a collapse will have to learn what antibiotics will work in a particular situation. I have found, thanks to comments on the medicine sub-forum that we moderate at survivalcache.com, that two additional antibiotics are available in aquatic equivalents. As such, I've chosen to discuss them in this part of the series.

They are:

Clindamycin 150 mg. and Azithromycin 250mg.

Azithromycin is a member of the macrolide (Erythromycin) family. It works by stopping the growth and multiplication of bacteria. it is used to treat various types of:

- Bronchitis
- Pneumonia
- Ear infections
- Skin infections
- Some throat infections
- Sinusitis
- Tonsillitis
- Typhoid fever
- Lyme disease (early)
- Chlamydia and Gonorrhea
- Whooping cough

Azithromycin is taken 250mg or 500mg once daily for a relatively short course of treatment (usually five days). The first dose is often a "double dose," twice as much as the remainder of the doses given. For acute bacterial sinusitis, azithromycin may be taken once daily for three days. If you are taking the 500mg dosage and have side effects such as nausea and vomiting, diarrhea, or dizziness, drop down to the lower dosage. Azithromycin is not known to cause problems in pregnant patients (pregnancy category B).

Clindamycin is part of the family of drugs called lincomycin antibiotics. It, like Azithromycin, works by slowing or stopping the growth of bacteria. It works best on bacteria that are anaerobic, which means that they thrive in the absence of oxygen. It can be used to treat:

- Acne
- Dental infections
- Soft tissue (skin, etc.)
- Peritonitis (inflammation of the abdomen)
- Pneumonia and lung abscesses
- Uterine infections (such as after miscarriage or childbirth)
- Blood infections
- Pelvic infections
- MRSA (Methicillin-resistant Staph. Aureus infections)
- Parasitic infections (Malaria, Toxoplasmosis)



Anthrax

Clindamycin is given in 150mg or 300mg doses every 6 hours with a glass of water. Clindamycin should be prescribed with caution in individuals with a history of gastrointestinal disease, particularly colitis.

Discontinue the medication if you develop diarrhea during treatment, as sometimes a very serious colitis (infection of the intestine) can develop. This drug is, like Azithromycin, pregnancy category B, which means that no ill effects have been determined in animal studies. With most drugs, testing cannot be done ethically on pregnant humans, so very few drugs are willing to say that any medicine is completely safe during pregnancy.

Both Clindamycin and Azithromycin are acceptable for use in patients with Penicillin allergies. This is not to say that you might not have a different allergy to one or the other, however.

Don't forget to consider natural alternatives which also have antibiotic-like effects, such as garlic and honey. These substances can be used on many infections with good results. See Nurse Amy's article on natural burn remedies for an example on how to use honey for treatment. Use the search engine function on the upper left of this blog to find it.

Keeping your loved ones healthy in a collapse will require some knowledge on stockpiled medicines, their uses, mechanism of action, risks, side effects, and other information. The survival medic should have references such as the Physician's Desk Reference (comes out yearly), which has all of this information for just about every drug manufactured today. With this knowledge, you'll succeed if everything else fails.

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